

**B.A. MULTI DISCIPLINARY COURSES IN
PHILOSOPHY**

SEMESTER –I

PAPER NAME: BEHAVIOURAL SCIENCE

PAPER CODE: PHIMDC-101

PAPER LEVEL: 101

PAPER DESCRIPTION: CONCEPTUAL AND APPLIED

PAPER CREDEIT: 4

PAPER TYPE: THEORY

FULL MARKS: 75 [60+10+5]

PAPER OBJECTIVE :

1. Understanding self and processes of self - exploration.
2. Learning strategies for development of a healthy self - esteem.
3. Importance of attitudes and its effect on personality.
4. Building Emotional Competence.

PAPER OUTCOME:

1. Students will understand the basic concepts of society, social group, community, social institution and also about culture.
2. Students should understand and realize about self
3. Students should understand about human emotion and attitude

SYLLABUS:

| UNIT – I Society & Culture | | LECTURE & TUTORIAL |
|---------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| 1. | Basic Concept of Society: Social Group & Community | 6+2 |
| 2. | Social Institutions: Norms & Values, Marriage, Family & Kinship | 10+3 |
| 3. | Meaning of Culture, Attributes and Nature of Culture, Language is the Vehicle of Culture, Culture and Civilization. | 9+3 |
| UNIT –II Self & Understanding Self | | |
| 4. | Self, Components of Self and Self - identity | 9+3 |
| 5. | Self Confidence, Self - awareness and Self - realization | 9+3 |
| 6. | Self- esteem: Meaning and Importance, Components of Self- esteem and Significance of Self-esteem. | 9+3 |
| UNIT-III Human Emotion & Attitude | | |
| 7. | Emotional Intelligence: Meaning, Components and Relevance. | 8+3 |
| 8. | Positive and Negative Emotions, Healthy and Unhealthy Expression and Emotions. | 4+1 |
| 9. | Meaning of Attitude, Components and Types of Attitude, Relevance of Attitude. | 4+2 |

SUGGESTED READINGS:

1. F. Boas: *Race, Language and Culture*, MacMillan and Company, New York, 1940.
2. N.K. Bose: *Cultural Anthropology*, Asia Publishing House, Bombay, 1961.
3. L. Wittgenstein: *Culture and Value*
4. N.K. Bose: *Culture and Society in India*, Asia Publishing House, Bombay, 1961.
5. Maclver & Page: *Society*
6. P. Gisbert: *Fundamentals of Sociology*.
7. P. B. Kar: *SamajTattva*
8. S. Bhattacharya: *SamajDarsan O RastraDarsan*
9. K. Davis: *Organizational Behaviours*.
10. A. B. Bates & J. Julian: *Sociology- Understanding Social Behaviour*.
11. P. J. William: *Theories and Models in Applied Behavioural Science*.