



Criteria 3 - Research, Innovations and Extension

3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years.

Year	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023
Number of Activities	6	7	2	9	10

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2018-2019

(i) Two days’ residential workshop on the theme ZERO WASTE HIMALAYA at Mirik Busty, 4th-5th August, 2018.

Our session 2018-2019 began with some urgency as College was undergoing assessment under NAAC. Therefore NSS volunteers worked tirelessly for cleaning and arranging the college compound during the first week of August, 2018, prior to the visit of NAAC peer team. During the same time few (10) active volunteers and two teachers from the college participated in two days’ residential workshop on the theme ZERO WASTE HIMALAYA at Mirik Busty, 4th-5th August,2018 jointly organised by Zero Waste Himalaya and WWF (**Figures 1a and 1b**).



(a)



(b)

Figure 1. (a) Group Photograph with the entire team in the workshop. (b) One of our volunteers, Miss Sumitra Darjee, Dept. of Botany presenting her findings and observations in the workshop

(ii) Plastic free Darjeeling Camping:

On 9th August 2018, volunteers (40) with two teachers participated in the event on the theme “PLASTIC FREE DARJEELING” and rallied around the town carrying placards with messages. On next day i.e. 10th August, 2018 five NSS volunteers from our college gave presentation at St. Josephs’ College, Darjeeling on the theme “ Growing level of pollution in Darjeeling” (See, in Figure 2).



Figure 2. Volunteers along with program officer, Dr. Sonam Lama in an awareness program on Plastic pollution under “Plastic Freedom Challenge” at Chowrasta - 9/08/2018.

Further volunteers also observed and participated in International Literacy Day (8th September), International Peace Day (15th September) and World Aids Day (1st December).

(iii) Outreach program on 2nd March, 2019

Our first program in the New Year began with made a visit to a children home (orphanage) namely Kiwanis Noora Children Home at Rangbull on 2nd March, 2019 (See **Figure 3**). 17 Volunteers along with two programme officers of NCC and NSS were there. There volunteers interacted with the children and gave an interactive talk on objectives and activities of NSS, Darjeeling Govt. College. Volunteers also gave inspiring and career oriented messages through poetry, music and dance. Lastly backpack school bags, stationeries and sweets were distributed among the children as donation.



Figure 3. (a) School bags being handed over to Children. (b) Group photograph with the children at Kiwanis Noora Children Home, Rang bull.



(iv) NSS team of Darjeeling Govt. College organized fund raising programme for donating seriously injury patient:

On 24th March, 2019, 20 volunteers (approx) of both units with two teachers NSS conducted a huge “Fund raising programme” at Chowrasta, Darjeeling for financially helping a patient named Mrs. Baruna Chettri, a resident of Lower Harsing, Lebong, Darjeeling. She is an accident patient and is suffering from spinal cord injury since long. They approached the NSS, Darjeeling Govt. College and so we conducted the Fund raising programme. We able to collect an amount of Rs. 65,000/- (Rs. Sixty-Five Thousand only) and handed over the same amount to Mrs. Baruna Chettri and her husband in the presence of representatives of their village Samaj on 30th March, 2019.



Figure 4. (a) & (b) Fund raising event at chowrasta on 24.03.2019. (c) Handing over of Rs. 65,000 to the husband of Mrs Baruna chettri in presence of representative of their samaj on 30.03.2019. (d) News appered on Himalaya Darpan newspaper dt. 28.03.2019.



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(v) Our NSS team was organised a special Camp at Latpanchar Village 57 kms (approx) away from College.

A Special Camp was organised at Latpanchar Village 57 kms (approx) away from Darj. Govt. College, for three days (10th-12th March, 2019.). This year, the team received immense help and guidance from Mr. Anup Lama, Assistant Teacher, Latpanchar High School. He took all the responsibility of our fooding and lodging arrangements. On the first day (10.03.2019), the morning was devoted to a small hiking in the surrounding forest and Chinchona plantation. This part of Latpanchar forms a part of the upper Mahananda Wildlife Sanctuary. Then after the lunch the volunteers conducted one socio-economic household survey of the village. In the second day (11.03.2019), the volunteers were trekked to the Aahal Dara, famed sunrise point in the early morning. Then after breakfast they were given a visit of Nursery and plantation of Chinchona and other medicinal plants. This visit gave many good insights regarding local economy and rural sustainable lifestyle. On Day three (12.03.2019) the volunteers made a visit to a local primary school named Magnolia School. The volunteers cleaned the whole school premises along with the small toddlers and indirectly made them aware of significance of cleanliness. The volunteers interacted with the students and took their class too. They made the toddlers participate in various games and activities. The whole school came alive with the games and activities. Lastly the team made donations of various stationary items (White board and markers) and games items (like footballs, cricket bats, Chinese checker, badminton rackets, cricket balls etc) to the school. The names of winners in the games and activities (singing, dancing) were announced and were presented with gifts. Ultimately sweets were distributed among all. In this special Camp 30 volunteers with two programme officer participated.



Figure 5. (a) & (b) Some pictures of food served to school children at special camp.


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Figure 6. (a) & (b) Glimpses of activities during Special Camp at Latpanchar (10th-12th March, 2019)

(vi) Our NCC team (10 Cadets and one teacher) organized Nukkad Natak Performance and Mass Awareness Rally on the theme “Cleanliness is Service” campaign (15th September – 2nd October), was organized on 21st September, 2018 in the college premises and at Mall Road.



2019-2020

(i) Swachh Bharat abhiyan:

NSS volunteers of our college made Ecobricks from the plastics collected for one entire semester from the college premises for weeklong during 19th-24th August, 2019. 50 volunteers (approx) of both units with two teachers actively participated in this programs.



Figure 7. Picture for students of our college made Ecobricks from the plastics

(ii) Youth Parliament camp:

Block level Neighborhood Youth Parliament organized by NSS, DGC in collaboration with Nehru Yuva Kendra (NYK), Darjeeling on 30.08.2019. 35 volunteers (approx) of both units and two teachers with external member are present in this program.





Figure 8. (a), (b), (c) & (d) Some pictures of Block level Youth Parliament organized by NSS, DGC.

(iii) Awareness programme on Minimalism and Sustainable lifestyle at Capital Hall, Darjeeling

Twelve volunteers along with program officers attended an awareness talk on Minimalism and Sustainable lifestyle at Capital Hall, Darjeeling organized by Zero Waste Himalaya on 7th November, 2019.



Figure 9. (a) & (b) Photograph of awareness program on Minimalism and Sustainable lifestyle

(iv) Awareness seminar on Menstrual Health and Hygiene

Ten volunteers with program office participated in a seminar with program office on Menstrual Health and Hygiene at St. Josephs' College, Darjeeling 4th December, 2019.



Figure 10. Photo session after seminar



Figure 11. (a) Photograph of NSS volunteers with banner before the start of the seminar. (b) Slide show presentation of the seminar.

Additionally, Due to outbreak of Covid 19 pandemic, the scheduled program of Special Camp of NSS, DGC in March, 2022 could not be held.



(v) Tree Plantation Drive was conducted by our NCC team at Haridashatta, Darjeeling, W. B.

Tree Plantation Drive was conducted at Haridashatta, Darjeeling, W. B. in co-operation with the village Gram Sudhar Sammelan on 24th July 2019. 15 cadets with program office participated in this program.



Figure 12. Photograph for Tree plantation

(vi) Nukkad Natak and Mass Awareness Rally were organized by NCC, DGC

Nukkad Natak and Mass Awareness Rally were organized on Swachh Bharat Abhiyan at Rink Mall and Hill Cart Road respectively, in October 2019. 25 volunteers with program office participated in this rally.

(vii) Online Yoga programme

On 21st June 2020, online Yoga was conducted wherein interested cadets were encouraged to upload their yoga videos on social media. 15 volunteers with program office participated in this Yoga programme.



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2020-21

Due to outbreak of Covid 19 pandemic and consequent lockdown, our NSS team could not conducted offline activities during this session of 2020-2021. Few online activities were done but don't have any records

(i) Online Tree Plantation Drive

Awareness of tree Plantation (through online) Drive was conducted in the month of July 2020, wherein all NCC cadets were encouraged to plant trees in their respective areas and share the photos of the same on social media. 10 cadets with program office participated in this online programme.

(ii) Azadi ka Amrit Mahotsav

Online "Fit India Campaign" was conducted in June 2021 as a part of Azadi ka Amrit Mahotsav where the cadets uploaded their running / jogging photos and videos. 20 Cadets with program office participated in this online programme.


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2021-22

(i) Swachhata Action Plan:

NSS, Darjeeling Govt. College (DGC) collaboration with NCC of our college organized a hiking cum plastic waste collection at and around Tiger Hill, Senchel Temple area on 11.12.2021. Around 45 volunteers along with Program officer actively participated in said event.



Figure 13. (a), (b) & (c) some photographs of Swachhata Action Plan

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(ii) WOMEN'S DAY Calibration:

On the occasion of International Women's Day volunteers of N.S.S went to the Shiksha Sangh Higher Secondary School, Ging, Lebong on 8th March 2022. They gave an awareness programme on menstrual hygiene, good touch and bad touch and trafficking which are one of the most important social issues. They also spoke about women empowerment and lastly our volunteers distributed sanitary pads to the students. Altogether 43 volunteers participated in this programme along with programme officer.



Figure 14. (a), (b) & (c) Photographs of International Women's Day organized by N.S.S on 8th March 2022



(iii) Zero Waste Himalaya Program:

NSS, DGC organized an Interactive Session with Zero Waste Himalaya and Nat Geo Peer Educators on 10.03.2022. Around 60 volunteers with two program officers attended and interacted with the peer educators and programme coordinator.



Figure 15. (a) Presentation of the seminar Zero Waste Himalaya by Program coordinator Dr. Sonam Lama Sir. (b) Interactive Session with Zero Waste Himalaya and Nat Geo Peer Educators & (c) Photograph for presentation of the seminar Zero Waste Himalaya.



(iv) Fund raising programme for donating seriously illness patient:

Volunteers collected donation from students and staffs of DGC for financial help to a patient student and handed over Rs. 27,810 to the representatives of Adarsh Gram, Singtam Phatak on 30.03.2022. 22 NSS volunteers actively in this program.

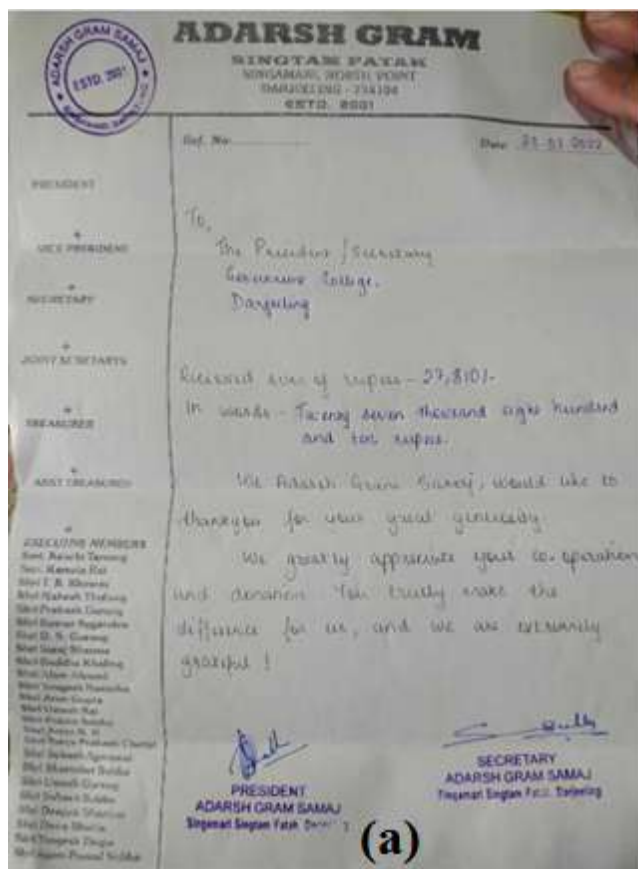


Figure 16. (a) Donation certificate from President and Secretary of Adarah Gram Samaj. (b) Photograph of Adarah Gram Samaj secretary.

(v) Himalayan Cleanup in the campus program

NSS, DGC observed Himalayan Cleanup in the campus on 27.05.2022. In this event 38 volunteers with two program officers actively participated. They collected wastes from the parking lot opposite to the college, brought it to college campus and did waste auditing.



Figure 17. (a), (b), (c) & (d) Some photographs Himalayan Cleanup in the campus program

(vi) World Menstrual Health and Hygiene program

NSS, DGC observed World Menstrual Health and Hygiene week and unveiled the results of a “Social Experiment” conducted within and outside the college on 01.06.2022. 43 NSS volunteers and Ten teachers participated this program.



Figure 18. (a), (b) & (c) some photograph of World Menstrual Health and Hygiene program

(Vii) Special Camp of NSS

NSS, DGC went to Plungdung Busty, Sukhia Pokhari for its Annual Special Camp between 27.03.2022-28.03.2022. It visited Plungdung Junior High School next day, interacted with students and made donations of white boards, stationaries, water filters and Sports goods to the children. (Pic- 08-13). 30 NSS volunteers and two program coordinator participated this special camp.



Figure 19. Glimpses of activities during Special Camp at Plungdung Busty, Sukhia Pokhari, Darjeeling, W. B.

(viii) “Fit India Freedom Run” was organized by our college NCC team on 4th October 2021 where cadets of other hill colleges also participated. 25 NCC Cadets and one teacher participated in this Fit India Freedom Run program.

(ix) NCC Day was celebrated on 28th November 2021 at the college basketball court from 10:30am to 1:30pm. Cadets of other hill colleges also participated in the said event. 22 NCC Cadets and one teacher participated in this program.



2022-23

(i) **NUKKAD NATAK**: NSS Unit II volunteers along with Unit I participated in the Nukkad Natak, Ujjwal Bharat Ujjwal Bhavishya, Power@ 2047 organized by NTPC Rammam HPP at GDNS Hall, Darjeeling, West Bengal on 28th July, 2022. A total of 6 volunteers had participated in this programme and one of our volunteer Deepika Dhungana was awarded a certificate for her outstanding performance in the Nukkad Natak. 14 NSS volunteers participated with program officer.



Figure 20: (a) Some picture of the Nukkad Natak and (b) picture of the award ceremony

(ii) **HAR GHAR TIRANGA**: Our NSS Unit II volunteers along with Unit I participated in the Har Ghar Tiranga campaign on 12th and 13th August 2022 by clicking pictures with our national flag at the campus and several places. 50 NSS volunteers and two teachers participated in this program.

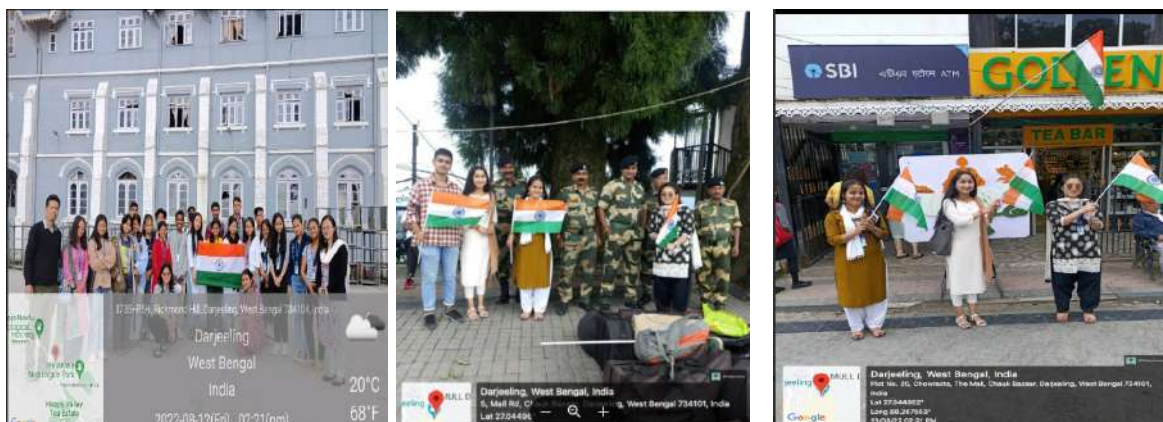


Figure 21: Some photographs of Har Ghar Tiranga campaign program

(iii) MEGA BLOOD DONATION DRIVE- Our NSS Unit II volunteers along with Unit I participated in the Mega Blood Donation Drive as one of the organizers at the Indian Red Cross Society Premises, near Rink Mall, Darjeeling on 17th September, 2022. 69 NSS volunteers and Two teachers actively participated in this program and 15 of our volunteers donated blood.





Figure 22: Some photographs of our NSS volunteers actively participated in the Mega Blood Donation Drive at the Indian Red Cross Society Premises, near Rink Mall, Darjeeling, W. B.

(iv) ORIENTATION PROGRAMME: An Orientation Programme was organised by both the NSS Units on 17th November, 2022 at the Seminar Hall to give introduction about NSS and its activities to the newly selected students. Through this programme the new volunteers could be able to understand the main purpose of NSS and their responsibilities towards the community. 120 volunteers with two teachers participated in the programme.





Figure 23: Some photographs of an Orientation Programme was organised by both the NSS Units on 17th November, 2022 at the Seminar Hall of our college.

(v) **AWARENESS PROGRAMME ON ELECTRONIC WASTE:** An Awareness Programme on Electronic waste (E-Waste) by All India Women’s Conference (AIWC) Darjeeling in collaboration with Hulladek (Hungry for waste) was organized by Seminar and Conference Committee in association with NSS, Darjeeling Government College. The Resource person was Ms. Arati Sharma. Both the NSS Units 63 volunteers and two teachers participated in the programme.

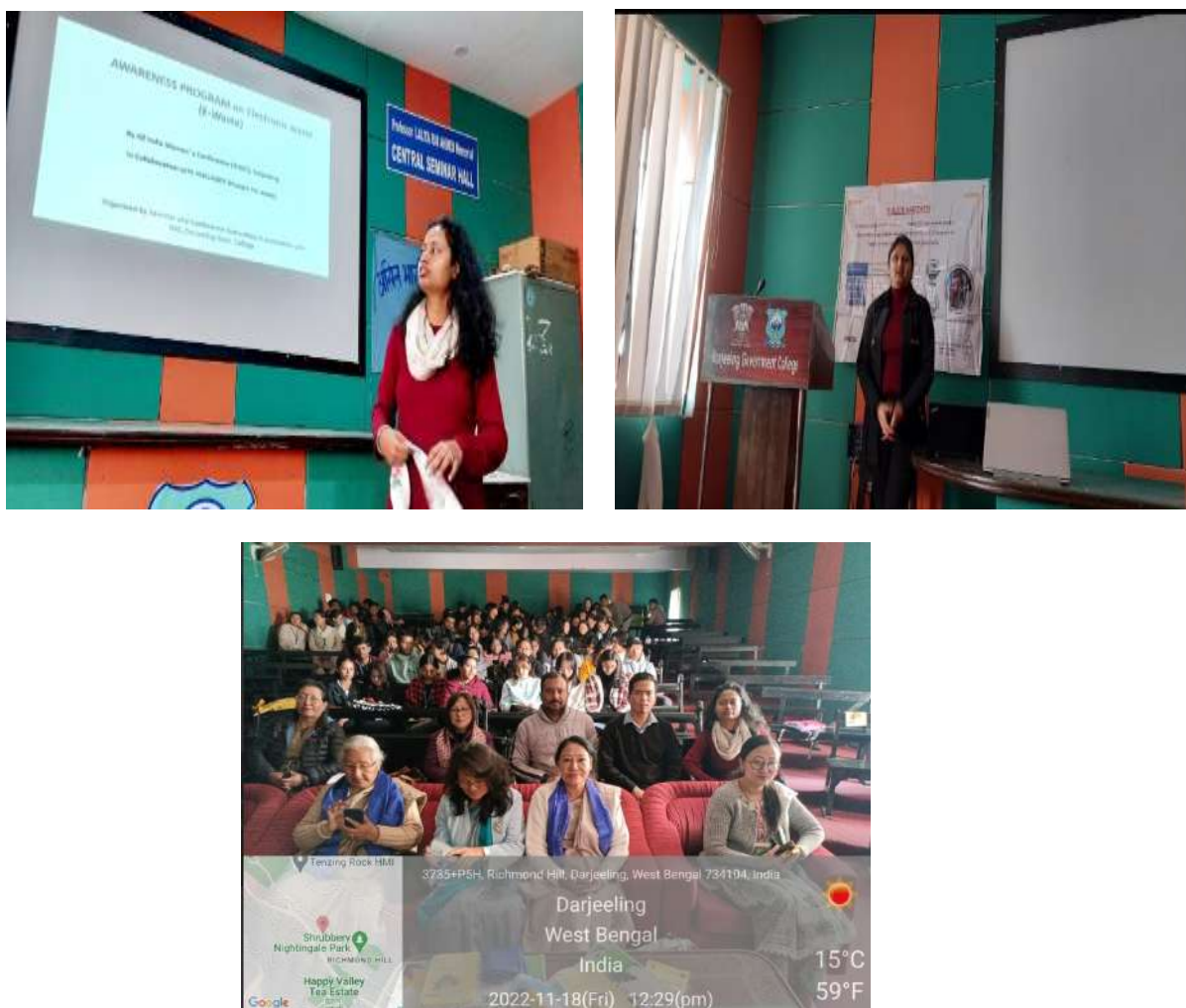


Figure 24: Some photographs of an Awareness Programme on Electronic waste (E-Waste) by All India Women’s Conference (AIWC) Darjeeling at college seminar hall



(VI) SPECIAL CAMP AT MAMRING BUSTY, SITTONG: NSS Unit II along with Unit I organised a two days Special Camp at Mamring Turyok Higher Secondary School, Mamring Busty, Sittong on 30th and 31st March, 2023. A total of 25 volunteers with two programe participated in this programme. The volunteers along with the Program Officers spoke about the importance and activities of NSS, how to protect our environment and conducted an awareness programme on various problems faced by the students from their childhood to their youth and how to overcome all those obstacles in their life. The volunteers explained the problems of peer pressure, ragging, depression, menstruation through a small skit. They also conducted quiz on environment for the students wherein prizes were also distributed to the students. Lastly, both the Units distributed sports items to the school. Overall the Special Camp was successful and the efforts of the volunteers were greatly appreciated by the school and the students also enjoyed and interacted enthusiastically throughout the programme.



(a)



(b)

Figure 25: (a) and (b) Some photographs of spacial camp programme where NSS volunteers interect each other.



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(a)



(b)



(c)



(d)

Figure 26: (a) Group photo of Social Camp. (b) NSS volunteers spoke on the stage (c) Program Officers spoke about the importance and activities of NSS, (d) local school student participated in the programme

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(vii) AWARENESS PROGRAMME ON WATER CONSERVATION: An Awareness programme on ‘Water Conservation among the Tourists in Darjeeling’ was organised by the students of Raja N.L.Khan Women’s College, Midnapore in collaboration with NSS, Darjeeling Government College on 13th April, 2022 at Chowrasta. A total of 20 volunteers from both the NSS Units with two program coordinators participated in this programme. An awareness cum rally was organised where the volunteers carried posters and placards with slogans on saving water.



Figure 27: Some photographs of an Awareness programme on ‘Water Conservation among the Tourists in Darjeeling’ at Chowrasta, Darjeeling, West Bengal.



(viii) **BLOOD DONATION CAMP:** A Blood Donation Camp was organised by the India Campus Crusade for Christ in collaboration with NSS and NCC, DGC on 3rd May, 2023. Both of our NSS Units participated in this programme. A total of 45 volunteers with two program coordinators participated in this programme. Our volunteers assisted the organisers with the registration, distribution of refreshments, assisting the donors and lastly by donating blood. Overall the programme was successful and a total of 192 Units were collected from our college.



(a)



(b)



(c)

Figure 28: (a) Group photo after blood donation camp (b) Our NSS programme coordinator donating blood (c) Our NSS volunteers donating blood



(xi) **WORLD ENVIRONMENT DAY:** Our NSS Unit II and Unit I observed World Environment Day by cleaning the campus and planting saplings on 5th June, 2023. A total of 55 saplings were planted in the campus by the volunteers. 38 NSS volunteers and Two teachers are participated in this program.



(a)



(b)



(c)

Figure 29: (a) Photograph after tree planting programme. (b) & (c) Some photographs of our NSS volunteers cleaning and planting saplings of the college campus.



(X) **World Health Day rally:** College NCC organized an awareness small rally conducted by our 4th Bengal Girls battalion on 31st March 2023 successfully. 34 NCC Cadets with program coordinators participated in this program.

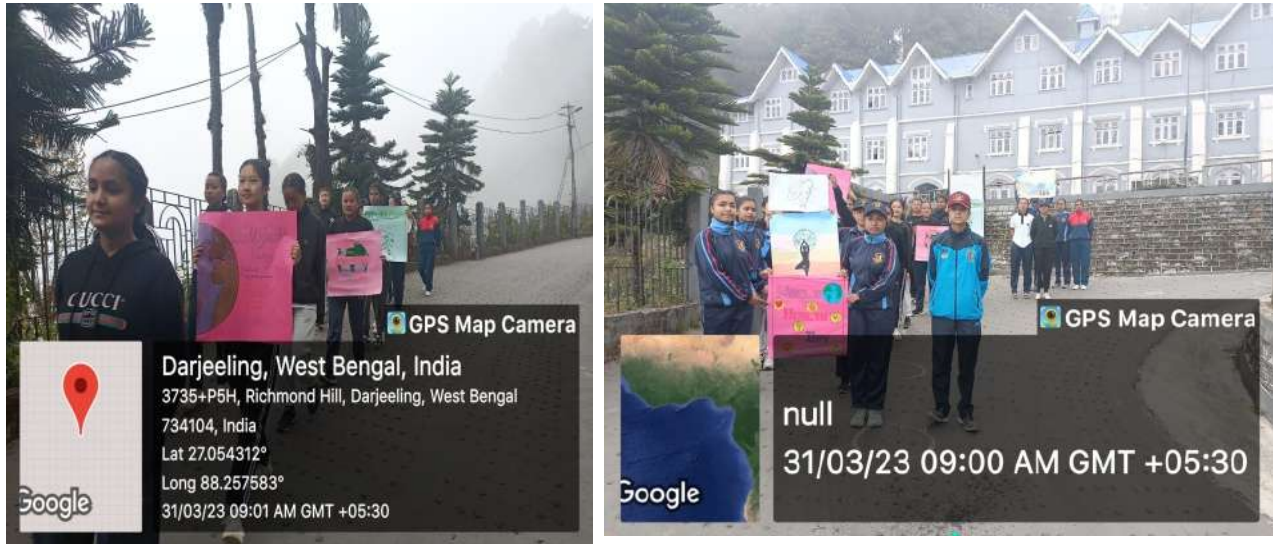


Figure 30: Some photographs of World Health Day rally.